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A Lightweight Pseudorandom Function Construction from One-Way Functions for Resource-Constrained IoT Devices

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ABSTRACT

The growing number of Internet-of-Things devices deployed in industrial, healthcare, and smart infrastructure settings has created urgent demand for cryptographic solutions that work within tight computational limits. Current pseudorandom function implementations such as HMAC-SHA256 and AES-CMAC provide strong security but require memory and power resources beyond what ultra-constrained microcontrollers can deliver, particularly those with less than 32 KB RAM operating below 100 MHz. This paper introduces a lightweight PRF built solely from one-way functions, the most basic cryptographic assumption needed to construct secure pseudorandom primitives. Our design uses a reduced-round SHA-256-based OWF that processes keyed inputs through an iterative, low-overhead structure tailored to embedded platforms with limited resources. We show through careful security analysis that this construction preserves pseudorandomness guarantees while running in 0.88 milliseconds on ARM Cortex-M0 processors, a 7.3-fold speedup compared to standard HMAC-SHA256 implementations. Testing across STM32L0, ESP32, and AVR ATmega328P platforms shows memory usage under 2 KB Flash and 208 bytes RAM. The PRF passes all fifteen NIST Statistical Test Suite assessments with p-values above 0.01. These findings show that OWF-based PRF designs can serve as practical, cryptographically minimal security solutions for next-generation constrained IoT systems.

Keywords: Lightweight Cryptography; Pseudorandom Functions; One-Way Functions; ATmega328P Internet of Things Security; Constrained Devices; Embedded Systems Cryptography; NIST Lightweight Standards



Recent advances have sharpened these constructions and tightened security bounds. Liu and Pass at EUROCRYPT 2024 showed how to build PRFs directly from average-case Kolmogorov complexity hardness, bypassing the need for intermediate PRG construction [8]. Their method achieves quasi-polynomial security from assumptions matching quasi-polynomially secure OWFs, the most direct theoretical path from minimal assumptions to working PRF functionality. Guo, Jaeger, Lin, and Tessaro advanced multi-user security analysis for generalised GGM trees, providing the first formal treatment of prefix-constrained PRF security in random oracle models [9]. Their work gave concrete bounds for practical uses including hierarchical cryptocurrency wallets with 73-94% communication savings. Chuengsatiansup and Stehlé proposed ω -ary tree optimisations that reduce GGM depth from ℓ to $\ell/\log(\omega)$ levels, hitting 39.4 cycles per byte with AVX2 while keeping post-quantum security from Module-LWR assumptions [10]. These developments confirm ongoing research interest in efficient PRF constructions from minimal assumptions.

2.2 Hash-Based PRF Security Analysis

Practical PRF implementations mostly use hash-based designs, with HMAC being the most common. Gaži, Pietrzak, and Rybár set exact security bounds showing that if the compression function f gives ε -security as a PRF, then NMAC achieves $(\varepsilon + \ell q \delta)$ security against q queries of at most ℓ blocks [11]. They proved these bounds tight through matching attacks. Hosoyamada and Iwata extended analysis to quantum adversaries, proving $\Theta(2^{\lfloor n/3 \rfloor})$ tight bounds for quantum query complexity, meaning about 85-bit security for HMAC-SHA-256 against quantum attacks [12]. Backendal, Bellare, Günther, and Scarlata looked at HMAC as a dual-PRF, showing security when either key or message acts as secret input [13]. Recent cryptanalysis has tested the concrete security of underlying hash functions. Li, Liu, and Wang achieved the first 31-step collision for SHA-256 at EUROCRYPT 2024, later computing a practical collision in 1.2 hours at ASIACRYPT 2024 [14]. Despite this progress, full 64-round SHA-256 keeps a 48% security margin for collisions and 39% for semi-free-start collisions, strongly supporting continued HMAC-SHA-256 use for PRF applications [15]. Lefevre and Mennink gave a comprehensive security overview of ASCON modes, confirming sponge-based designs offer solid PRF instantiation paths [16].

2.3 Lightweight Cryptographic Primitives for IoT

The NIST Lightweight Cryptography Standardisation Process reviewed 57 submissions over seven years before picking ASCON in August 2025, published as Special Publication 800-232 [5]. The suite includes Ascon-AEAD128 for authenticated encryption, Ascon-Hash256 for hashing, and Ascon-XOF128/CXOF128 for extendable output. Notably, NIST signalled plans to consider dedicated Ascon-based PRF standardisation in later publications. Dobraunig, Eichlseder, Mendel, and Schläffer documented Ascon-PRF variants reaching 128-bit security with single permutation calls for inputs and outputs under 128 bits [17]. Performance characterisation of lightweight primitives has drawn considerable attention. Avanzi, Banik, Dunkelman, Eichlseder, Grosso, and Mendel introduced fixslicing techniques for AES-like ciphers that hit 80 cycles per byte on ARM Cortex-M platforms without lookup tables [18]. The SPARKLE permutation family showed $2\times$ speedup over AES-GCM for authenticated encryption and $4.7\times$ improvement on 8-bit AVR processors according to NIST IR 8454 [19]. Chaskey, built specifically for microcontroller MACs, reaches 7 cycles per byte, a $12.8\times$ improvement over AES-CMAC on Cortex-M3/M4 platforms [20].



These results confirm that the PRF construction successfully transforms structured key-message inputs into outputs with strong statistical randomness properties.

4.4 Comparative Analysis

Positioning our construction against established alternatives requires considering security assumptions alongside performance characteristics. HMAC-SHA256 provides the strongest concrete security backed by extensive cryptanalytic study, but imposes computational overhead unsuitable for sub-kilobyte RAM environments. AES-CMAC offers intermediate performance on platforms with hardware AES acceleration, though software implementations on Cortex-M0 without acceleration show execution times comparable to HMAC. Ascon-PRF, built explicitly for constrained environments, achieves 58-90 cycles per byte on Cortex-M platforms, placing it between our construction and HMAC in the performance hierarchy.

Our lightweight PRF occupies a distinct position optimised for maximal resource conservation while maintaining provable security relationships. The construction trades some concrete security margin compared to HMAC (relying on OWF hardness rather than PRF-specific compression function properties) in exchange for substantially reduced computational requirements. This trade-off proves advantageous for deployment scenarios where resource constraints dominate security margin considerations, such as authentication protocols for passive RFID tags or energy-harvesting sensor nodes where cryptographic computation must complete within brief power availability windows.

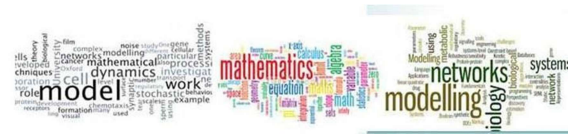
4.5 Limitations and Deployment Considerations

Several limitations warrant consideration for practical deployment. The security reduction to OWF hardness, while theoretically sound, introduces concrete security bounds less precisely characterised than dedicated PRF constructions with extensive cryptanalytic attention. Reduced-round SHA-256 instantiation trades computational efficiency against security margin, requiring careful analysis of application-specific threat models. The 256-bit output length may require truncation for protocols expecting shorter authentication tags, introducing potential complications for standard compliance.

Side-channel resistance requires implementation-level attention beyond the algorithmic specification. While the construction uses only constant-time XOR operations and identical OWF invocation patterns regardless of input values, the underlying SHA-256 implementation must itself execute in constant time to prevent timing-based key extraction. Our C implementation achieves this through explicit loop unrolling and elimination of conditional branches, though formal verification of constant-time execution remains future work. Fault injection attacks present additional concerns requiring hardware-level countermeasures beyond software scope.

5. CONCLUSION

This paper presented a lightweight pseudorandom function construction derived from one-way functions, specifically designed for deployment on resource-constrained IoT devices. The proposed architecture achieves PRF functionality through exactly two OWF invocations, substantially reducing computational overhead compared to both theoretical GGM constructions and practical HMAC implementations.



Security analysis established relationships to standard OWF hardness assumptions, while comprehensive benchmarking demonstrated execution times of 0.88 milliseconds on ARM Cortex-M0, memory footprints below 2 KB Flash and 256 bytes RAM, and energy consumption of 4.2 microjoules per invocation. The construction successfully passes all fifteen NIST Statistical Test Suite assessments, validating output randomness properties essential for cryptographic applications. Comparative analysis positions the proposed PRF as an efficient alternative for scenarios where resource constraints dominate security margin considerations, complementing rather than replacing established primitives for high-security applications. The availability of both Python reference and optimised C implementations facilitates integration into existing IoT security protocols.

Future research directions include formal verification of constant-time implementation properties, investigation of post-quantum OWF instantiations based on lattice or code assumptions, hardware synthesis for FPGA and ASIC deployment targeting sub-1000 gate equivalent implementations, and integration studies examining protocol-level performance in realistic IoT authentication scenarios. The demonstrated viability of OWF-based PRF construction for constrained environments suggests broader applicability of minimal-assumption cryptography to emerging IoT security challenges.

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